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Title : **Relationship of workload to the symptoms of work stress  
on the nurses of IGD in Tangerang District Hospital**

### **ABSTRACT**

Relationship of workload to the symptoms of work stress on the nurses of IGD in Tangerang District Hospital. This research will discuss about the relation of work load to job stress complaint that happened to nurse in February 2018. This research is done because of complaints and some nurses who experience stress symptoms. purpose of this research to know relation and significance of work load to work stress. The type of this research is analytic survey research using quantitative method with cross sectional approach by giving questionnaire to nurse IGD.

The results showed that there is no significant correlation between workload on job stress with P-value 0.536 and R 0.97. The work stress experienced by the nurses is divided into two categories of stress: light work stress <18 ie 36 nurses and severe work stress> 18 that is 7 nurses. While the heavy workload with a value of > 84 that is 22 nurses. Due to the number of patients IGD in the average range of 80 to 90 patients per day is not comparable with the number of nurses on duty nurses 9 per shift or 27 nurses per day. And the effort to reduce the nurses' work stress is by providing entertainment or recreation to nurses for more optimal performance.

Keywords : **Workload; Work Stress; Correlation**  
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